

GA²LEN Allergy School on Urticaria

“State of the art management of chronic urticaria“

Date:	September 17th, Dubai UAE
Target audience:	Dermatologists, Allergists
Number of participants:	40
Countries:	UAE
Faculty:	3 GA ² LEN professors (Prof. Ana Gimenez-Arnau, Prof. Torsten Zuberbier, Germany, Prof. Marcus Maurer, Germany); 2 regional experts (Dr. Anwar Al Hammadi, Dr. Mona Al Ahmad); 1 workshop faculty (Dr. Tatev Ohanyan)
Venue:	Dermatology Centre, Dubai Health Authority
Dinner:	tbd
Sponsor:	Novartis
Logistic support:	MCI from Switzerland, MOXIE

September 17th 2015

08:30 - 09:00	Welcome coffee/tea, meet and greet	
09:00 - 09:15	Welcome and introduction to the program	Prof. Marcus Maurer
09:15 – 09:30	Multiple choice test	All faculty 15 Multiple choice questions, paper version A
09:30 – 09:50	The definition, classification and spectrum of urticaria (definition: w+/a+ vs w+/a- vs w-/a+, acute vs chronic, CSU vs CIndU, physU vs other CIndUs, duration, gender bias, prevalence, age distribution)	Prof. Torsten Zuberbier
09:50 – 10:00	Questions and answers and discussion	Prof. Marcus Maurer
10:00 – 10:20	The diagnostic work up of chronic urticaria (CSU: algorithm for differential diagnoses with autoinflammation and bradykinin-mediated angioedema, blood tests, scores and tools to assess disease activity, impact and control, search for underlying causes; CIndU: DD, provocation tests and threshold testing)	Prof. Ana Gimenez-Arnau
10:20 – 10:30	Questions and answers	Prof. Marcus Maurer
10:30 – 10:45	Diagnosis of urticaria – a case presentation and the UAE and Middle East perspective	Dr. Anwar Al Hammadi
10:45 – 10:50	Questions and answers	Prof. Marcus Maurer
10:50 – 11:20	Coffee break	

11:20 – 12:00	<p>Breakout session / workshop 1 (2 groups)</p> <p>Group 1: How to diagnose chronic urticaria: Provocation tests, FricTest, TempTest, protocols, documentation</p> <p>Group 2: How can I improve the management of chronic urticaria? Instruments to determine/monitor disease activity (activity scores), quality of life, and control of disease</p>	<p>Prof. Ana Gimenz-Arnau Dr. Tatev Ohanyan Dr. Mona Al-Ahmad</p> <p>Prof Marcus Maurer Prof Torsten Zuberbier Dr. Anwar Alhammadi</p>
12:30– 14:30	Lunch and prayer	
14:30 - 15:00	Treatment of chronic urticaria according to the guidelines (Aims of treatment, guideline recommended treatment options)	Prof. Marcus Maurer
15:00 – 15:15	Questions and answers	Prof. Ana Gimenz-Arnau
15:15 – 15:30	Treatment of urticaria – a case presentation and the UAE and Middle East perspective	Dr. Mona Al Ahmad
15:30 – 15:35	Questions and answers	Prof. Ana Gimenz-Arnau
15:35 – 16:10	<p>Breakout session / workshop 2 (2 groups)</p> <p>Group 1: How to diagnose chronic urticaria: Provocation tests, FricTest, TempTest, protocols, documentation</p> <p>Group 2: How can I improve the management of chronic urticaria? Instruments to determine/monitor disease activity (activity scores), quality of life, and control of disease</p>	<p>Prof. Ana Gimenz-Arnau Dr. Tatev Ohanyan TBD</p> <p>Prof Marcus Maurer Prof Torsten Zuberbier Dr. Anwar Alhammadi</p>
16:10 – 16:30	<p>Round table:</p> <p>The difficulty to treat urticaria patients: tips and tricks; questions and answers</p>	Chair: Prof. Torsten Zuberbier All faculty
16:30 – 17:00	Coffee break	
17:00 – 17:15	Multiple choice test for GA ² LEN certificate	All faculty
17.15 – 17.45	<p>Discussion of Exam Questions</p> <p>Award ceremony / GA²LEN certificates</p>	<p>All faculty, led by Prof. Marcus Maurer</p> <p>15 Multiple choice questions, paper version B</p>
17:45 - 18:00	Summary and conclusion	Prof. Marcus Maurer
18:00	Close of allergy school and good byes	